

# NEWSLETTER

## CHRISTMAS 2020



### PRESIDENTS MESSAGE

As we sign off on a year that could only be best described as "challenging", in Queensland we must feel blessed with our situation. We have fared extremely well compared to most others, both here in Australia, and overseas.



Shutting the border by the Queensland Government ensured the safety and security of some of the most vulnerable people in our community. It was a matter of lives before livelihoods, but it worked.

For many years, the State of Queensland has been renowned for its high temperatures and humidity, but I'm sure that our incredible climate was just one element that kept us free of COVID-19.

And as the summer season got under way, it was so pleasing to see the aquatics industry regain functionality, to the point, where bather numbers are equal to, or above, COVID-19 visitations.

The Federal Government should also be congratulated for keeping our economy "on song", and if the ASX is any barometer of how we are faring economically, the Festive Season can only be a joyous celebration.

During the Christmas period, I hope everyone in the community has the opportunity to celebrate with family and friends.

Stay safe and I look forward to catching up in 2021.

Cheers  
Les Mole



### Did you know?

Royal Life Saving Queensland is part of the Life Saving Chaplaincy Australia (LSCA), which means members and volunteers can access LSCA for support (free of charge). Find out more at the LSCA website: [www.lifesavingchaplaincy.com.au](http://www.lifesavingchaplaincy.com.au)

### BOARD OF DIRECTORS

**President:** Mr Les Mole

**Secretary:** Mrs Carolyn Asher

**Directors:** Mr Colin Harris, Mr Russell Green & Mr James McClelland

**Deputy President:** Mr Rod Welford

**Treasurer:** Mr Stephen Kay

### MESSAGE FROM THE EXECUTIVE DIRECTOR

As we lead into the Christmas period, it's a time for reflection and most importantly time to look to the future. I'm sure everyone is ready to see the end of 2020 for many reasons and especially those who have weathered the COVID-19 and other storms.



Here at Royal Life Saving, the office is open on all working days throughout the Christmas period, so please feel free to contact us if you need anything.

With 2021 in sight, we are all still uncertain of what the year ahead will hold. It is important to continue to look after ourselves and our loved ones and I hope that this festive season allows you to connect or re-connect to those important to you.

We have some fantastic changes coming ahead over the next few months. A planned upgrade of our website is expected to occur in January, we have already updated our facility websites, which you can view here:

[www.plantationaquatics.com.au](http://www.plantationaquatics.com.au)

[www.burpengaryaquatics.com.au](http://www.burpengaryaquatics.com.au)

Our most popular service, the Swim & Survive program has been revised which will align with our Swim Teacher suite of products and allow for better services to Queenslanders learning to swim.

On behalf of the Board and the staff, I wish you all a safe and happy festive season.

Paul Barry  
Executive Director

### COVIDsafe

The Australian Government has created an app called 'COVIDsafe' (one word). Whilst participating in Royal Life Saving activities, we strongly recommend and encourage you to download this app and have it running in the background on your smart phone. It can be accessed at [this link](#).



Merry  
Christmas

&

Happy New Year

from your friends at

Royal Life Saving



**Royal Life Saving**

Seasons greetings from the President,  
Board of Directors, and Staff of Royal Life  
Saving Society Queensland.

Best wishes for a happy holiday season and  
our sincere thanks for your loyalty and  
goodwill throughout the year.

## PREMIER VISITS ROYAL LIFE SAVING CLUB

Queensland's Premier Annastacia Palaszczuk MP and Mr Jason Hunt, visited the volunteer Royal Life Savers at Ithaca's Caloundra City Life Saving Club at Bulcock Beach on Saturday 17 October 2020. Ms Palaszczuk and Mr Hunt spoke to members about Caloundra and the valuable service volunteers provide to the community.



## EMPLOYEE OF THE MONTH

Each month we recognise an employee for their continued outstanding work and efforts to reach and exceed our core values of safety, respect, integrity and teamwork.

We highly value your feedback on our employees. If you believe an employee has given you exceptional service or is deserving of recognition of their continued work in the Society, please fill out an online nomination which can be found at the following [link](#).

Nominate a Staff Member

## WELCOME TO THE TEAM

Joining the Royal Life Saving Team based at the Plantation in the Training Department are Chris, Alona, Bev, Agata and Tione.

Christian



Alona



Bev



Agata



Tione



## WHO TO CONTACT IN THE OFFICE

We have a number of new staff and each staff member has specific duties. Whilst every staff member will do their best to help you, the following list will assist you determine the most appropriate person to speak to in the office:

Course set up	Bev	<a href="mailto:admin@rlssq.com.au">admin@rlssq.com.au</a>
Course Registration	Taylah	<a href="mailto:courses@rlssq.com.au">courses@rlssq.com.au</a>
Pack Dispatch	Taylah	<a href="mailto:courses@rlssq.com.au">courses@rlssq.com.au</a>
Membership	Agata	<a href="mailto:membership@lifesavingtraining.com.au">membership@lifesavingtraining.com.au</a>
Swim & Survive	Ben	<a href="mailto:swimandsurvive@rlssq.com.au">swimandsurvive@rlssq.com.au</a>
Projects	Nikki	<a href="mailto:nikki@lifesavingtraining.com.au">nikki@lifesavingtraining.com.au</a>
Accounts	Saad	<a href="mailto:accounts@rlssq.com.au">accounts@rlssq.com.au</a>
Shop / Sales	Grant	<a href="mailto:reception@rlssq.com.au">reception@rlssq.com.au</a>
Workbook design	Nina	<a href="mailto:nina@lifesavingtraining.co.au">nina@lifesavingtraining.co.au</a>
Certificates	Alona, Alona, Christian & Meghan	<a href="mailto:qualifications@rlssq.com.au">qualifications@rlssq.com.au</a>



## NEW 'HLT' UNITS

We wish to advise that Royal Life Saving Queensland now has the new health units on scope. The new units can be ordered and used by trainers once they have successfully completed an RLSSQ upgrade (trainers workshop). We will be inviting trainers to workshops which will explain the new units and materials. A summary of some of the changes is outlined below:

- A fresh new style and look for the pre-course and assessment workbook
- The majority of assessment questions have been changed:
  - Some question have been removed
  - Some questions have been changed
  - Some new questions have been added
- All pre-course questions have been changed to align with the green First Aid Manual (on a chapter by chapter format)
- CPR no longer requires a written Incident Report (which has been removed as an assessment item), however it remains compulsory for a written Incident Report for First Aid (student can use the one in the workbook or provide one)

At the trainers workshop we will be releasing some special discounted pricing for CPR & First Aid workbooks. As we have done over the last few years, we will hold a number of workshops in various locations. Please contact us if you would like a workshop to be held near you.

**PLEASE NOTE THAT WE EXPECT TO CEASE ISSUANCE OF THE OLD HLT UNITS ON 31 JANUARY 2020.**

## SWIM AND SURVIVE REVIVAL

Royal Life Saving has re-launched the Swim and Survive program to all Swim & Survive Partners on Friday 4 December 2020. Enjoyable and inclusive, Swim and Survive provides the perfect balance of swimming and water safety – for all Australians, of all ages and all abilities.

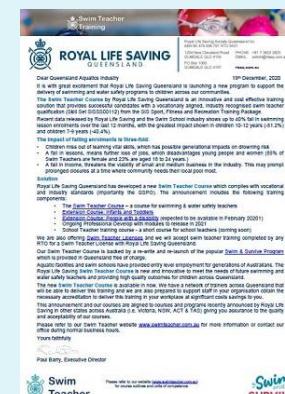


Tried and tested, Swim and Survive was first developed over 30 years ago, with over 20 million Australians now having enjoyed the program. To ensure the best experience for today's children, Swim and Survive has been reviewed and renewed by Royal Life Saving, the trusted leaders in swimming and water safety.

Swim and Survive remains the only national program that is mapped to the National Swimming & Water Safety Framework. It also remains in the Queensland Government Statement of Expectation for water safety and learn to swim programs.

The RLSSQ Swim Teacher Course is aligned to work with the updated Swim and Survive program. The new program may include a swim school license or recognition system.

Please do not hesitate to contact us if you have any questions.



## SWIM TEACHER COURSE

Royal Life Saving Queensland has launched a new Swim Teacher Course. The course is suitable for anyone located in Queensland that wishes to be a swim teacher in a learn to swim (or school) context. The course includes a main course and two extension courses.

- Swim Teacher Course (available now)
- Swim Teacher Extension Couse - Infant & Toddler (available now)
- Swim Teacher Extension Course - People with a Disability (to be released in Feb 2021)

Royal Life Saving will also be providing Swim Teacher Licensing which complies with the GSPO. For more information, download the [licensee handbook](#) which provides more information.

Licensing is offered free of charge to any person who completes a Swim Teacher Course with us.

### Swim Teacher Trainer Workshop

We are planning on holding a trainer workshops throughout January and February (at a cost of \$50.00) for any trainers who wish to deliver the Swim Teacher Course. More information to come.

Please note that to deliver this course, you must be a licensed and experienced swim teacher. Any trainer who is already a presenter for AUSTSWIM or ASCTA is likely to obtain immediate registration with RLSSQ to be able to deliver this course. Course materials, fees, and charges will work the same way as our other courses.



Use the QR Code to register for the trainers workshop (search for course number 1408422).



A graphic for the "Royal Life Saving Swim Teacher Course". It features a photo of a child in a pool, a price of "\$360.00", and details about the course including its RTO number (RTO 5431), completion requirements, and optional modules.

Use the QR Code to view the Course Outline



## PROJECTS UPDATE

### Sinai College

This school term Sinai college has come on board with our swimming and water safety program. Two (2) Plantation swim teachers have been visiting Sinai college in Burbank, conducting swim lessons to the 32 students of the College.

Feedback has been astounding from the school and Sinai College are now looking for RLSSQ to conduct a school holiday program and swim lessons during term one (2021).



### Mount Cotton State School

Mount Cotton State School has completed the Wet and Wise program with Project Officer Nikki, spending four weeks learning about water safety rescues and CPR awareness. The class then completed two sessions in the Plantation Aquatic Centre, putting skills into practice and completing their swimming assessment.

This is the second year that Mount Cotton have been involved in this program and the children and teachers are loving it. Below are photos from when students were learning about rescue techniques.



### Saint Peters Chanel Catholic School

St Peters had come on board with the new 'Heads Out of Water' classroom-based water safety talks. These talks were aimed at Prep to Year 6 students and run over four weeks covering; water safety, aquatic locations, signage, emergencies, rescues, basic CPR principles and much more.

These sessions were interactive and got the children involved, learning and sharing new skills and knowledge.



### Kedron State High School

Kedron State High School have worked hard in their swimming program with Project Officers Mel and Ben. The students have shown vast improvements in their swimming skills over the 10 weeks of the program.

This is the second year that Kedron have participated in the swimming program and the school is booked with RLSSQ to conduct the program again next year in Term 1.



## UPCOMING PROJECTS

### Preschools

Our Projects team have been working hard on designing a program that we can take into our preschools to start the water safety education. The 'Come Splash With Us' preschool program is all about encouraging children to start the water safety learning and asking questions about water safety in different environments, outside of swim lessons. During this program children will learn about where they should swim, who should be with them and that swimming and playing in water is fun when done safely. It is about introducing basic water safety knowledge through stories and fun activities.

### School Pathway

Commencing this upcoming school year, the School Pathway Program is a water safety, lifesaving and first aid skills program for high school students aiming to provide the skills and knowledge for first aid, staying safe in and around the water or offering assistance in a rescue. The School Pathway Program endeavours to teach participants a range of personal survival techniques and provide them with skills to deal with an emergency situation.

School Pathway is a Recreational program which combines practical and theoretical components to provide its participants with a pathway to the Nationally Recognised (CPR, First Aid and Bronze Medallion) certificates.

### Head Out of Water

The Head Out of Water classroom-based water safety education program is a water safety, CPR awareness skills and knowledge program for Primary (Prep to year 6) school students aiming to provide the skills and knowledge for offering assistance, staying safe in and around the water, and CPR awareness. The Head Out of Water program recognises that students who gain these skills and knowledge at a young age are less likely to engage in risk taking behaviours around water, are more resilient in the event of an emergency, and feel comfortable in imparting water safety knowledge and taking safer measures.

The program will run for 4 weeks on a weekly basis, delivering a range of talks, discussions and dry-land activities and issuing Water Smart and CPR awareness certificates upon completion.

### Wet and Wise

Wet and Wise is a four week, classroom-based water safety education program that teaches water safety and CPR awareness skills, with an additional two weeks of practical application of the skills and knowledge learned at an Aquatic Centre. This program is aimed at primary school students (Prep to year 6) and allows students to practice their water safety knowledge, CPR and water rescue skills. The swimming ability of students in this program is marked against the National Swimming and Water Safety framework.

This program recognises that students who learn and are able to implement these skills at a young age have a better understanding and improved water safety and swimming skills .



### GREY MEDALLION

We ran our very first Grey Medallion at the Plantation on Tuesday 17 November 2020. We are very excited to be offering this course to the local community. This program has been designed to be flexible to fit in with the clients and trainers preferences.

Any trainers that are interested in running a Grey Medallion in their area are encouraged to contact us.



# CHRISTMAS SPECIAL

AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)

PHILLIPS HS1

RRP: \$2,100

*Merry Christmas!*

# OUR PRICE: \$1,700

## SAVE \$400

LIMITED TIME ONLY – OFFER ENDS 31 DECEMBER 2020



To obtain this special pricing, please ring Grant on (07) 3823 2823 prior to 31 December 2020.



**[www.lifesavingshop.com.au](http://www.lifesavingshop.com.au)**  
BUY YOUR AED from the EXPERTS

## **SWIMMING POOL & SPA COURSE**

### **Cert IV in Swimming Pool & Spa Service**

The next course CPP41319 Certificate IV in Swimming Pool and Spa Service, will be conducted on the following dates:

Monday 12 April 2021, to  
Friday 16 April 2021, and  
Monday 19 April 2021, to  
Wednesday 21 April 2021

at The Plantation  
1204 New Cleveland Road, Gumdale, Qld

The course is cost \$3,600.00  
10% discount for upfront payment

To enrol, please fill out the [Enrolment Form](#) which  
Can be obtained using the QR code below.



[Enrolment / Enquiry Form](#)



[Course Outline](#)

# **CPP41319 CERTIFICATE IV IN SWIMMING POOL AND SPA SERVICE**

**8 DAYS  
INTENSIVE  
FACE TO FACE  
TRAINING PROGRAM!**

#### **COURSE DATES:**

12th April to 16th April 2021 (MONDAY TO FRIDAY) AND  
19th to 21st April 2021 (MONDAY TO WEDNESDAY)

#### **COURSE VENUE:**

THE PLANTATION  
1204 NEW CLEVELAND RD, GUMDALE QLD

#### **COURSE COST:**

\$3600.00 INCLUDING GST

**ENROL  
NOW!**



**FOR FUTHER INFORMATION,  
CONTACT ROYAL LIFE SAVING QUEENSLAND  
ON (07) 3823 2823**



*Note: To meet the Queensland Health water quality guidelines, all public swimming pools offering learn to swim lessons, must have at least one operator with a Certificate IV in Swimming Pool and Spa Service qualification.*

## SWIM TEACHER COURSE

### Our Range of Swim Teacher Courses

We have a range of courses to suite your needs, starting with the Swim Teacher Course, and followed by a number of extension courses.

#### The Main Course: Swim Teacher Course

The Royal Life Saving Swim Teacher Course provides the minimum requirements for those persons wishing to become a learn to swim instructor. After completion of the course and your industry onboarding you will have the opportunity to apply for a [RLSSQ Swim Teacher Licence](#). The [Swim Teacher Licensee Handbook](#) will be provided to candidates during the face to face component of the course.

#### Course Details

- Course Cost: \$360.00
- Pre-requisite: Reasonable communication, swimming & fitness is required
- Course Length: Two days (17 hours) (an additional 3 hours for CPR)
- Minimum Age: 16 years old (however must be 17 to obtain a Swim Teacher License)
- Validity: 12 months (for CPR)

#### Unit(s) of Competence

This course includes training for a workplace setting and upon satisfaction completion of all assessment activities, a Statement of Attainment will be issued in the following Unit(s) of competence:

- HLTAID009 Perform Cardiopulmonary Resuscitation (Optional)
- SISCAQU002 Perform Basic Water Rescues
- SISCAQU008 Instruct water familiarisation, buoyancy and mobility skills
- SISCAQU009 Instruct water safety and survival skills
- SISCAQU010 Instruct swimming strokes

#### Extension Courses

Once you have completed your Swim Teacher Course (either with us or another training provider), you may wish to consider the following extension courses:

- [Teacher of Infant and Toddler](#)
- [Teacher of People with a Disability](#) (expected commencement – Feb 2021)

View our course outlines (including units of competence) [here](#). Please contact us for more details.

## Royal Life Saving Swim Teacher Course



\$360.00



HLTAID009 Perform Cardiopulmonary Resuscitation (Optional)

SISCAQU002 Perform Basic Water Rescues

SISCAQU008 Instruct water familiarisation, buoyancy and mobility skills

SISCAQU009 Instruct water safety and survival skills

SISCAQU010 Instruct swimming strokes

[www.swimteacher.com.au](http://www.swimteacher.com.au)

[Enquire or Register for a Course](#)

## USEFUL LINKS



Student Portal

[admin.axcelerate.com.au/learnerPortal](http://admin.axcelerate.com.au/learnerPortal)



New  
Training  
Website

Life Saving Training  
[www.lifesavingtraining.com.au](http://www.lifesavingtraining.com.au)



THE LIFE SAVING SHOP

Online Shop – The Life Saving Shop  
[www.lifesavingshop.com.au](http://www.lifesavingshop.com.au)



[Course Outlines](#)



National Aquatic Industry  
[Workforce Profile](#)



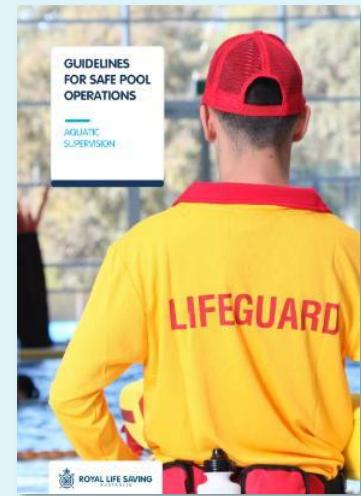
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For Aquatic Facilities



Guidelines for Safe Pool Operation  
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Swim  
and  
SURVIVE



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## FOR MORE INFORMATION

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