

# NEWSLETTER

## WINTER 2022



### BOARD OF DIRECTORS

**President: Mr Les Mole**

**Secretary: Mrs Carolyn Asher**

**Directors: Mr Colin Harris, Mr Russell Green & Mr James McClelland**

**Deputy President: Mr Rod Welford**

**Treasurer: Mr Stephen Kay**

### PRESIDENT'S MESSAGE

With the football Grand Finals ominously close, the preparation for summer swimming is quickly gaining pace.

The efforts of our heroic National Swimming Team at the recent Birmingham Commonwealth Games are surely an indication of the broad base of swimming provided throughout Australia.

Everyone working in the industry at grass roots level, whether it be learn to swim programs, school based programs, or recreational aquatic activities, contributes to our performances, at elite level. Whilst we salute our heroes, I also acknowledge the efforts of our Mums and Dads, Coaches, Teachers, Instructors and Volunteers.

Reducing the summer drowning toll now has to be our keen focus. I look forward to working with our Members and continue building on the great work that we started in Queensland, nearly one hundred and twenty (120) years ago.

Regards,

**Les Mole** | State President



### MESSAGE FROM THE EXECUTIVE DIRECTOR

Summer is very fast approaching and we expect a very challenging year for the aquatic industry. Staffing (finding sufficient staff) is expected to be a significant challenge for most employers, with unemployment at very low levels and lots of competition from many employers. Inflation, or more particularly the rising cost of almost everything, is placing pressure on an industry with already tight margins.

It was pleasing to see so many industry players at the National Water Safety Summit (NWSS). As many will recall, the [Australian Water Safety Strategy \(AWSS30\)](#) was released during the pandemic and was followed by a series of online seminars. The NWSS was the first face-to-face get together of those in the community seeking to reduce drowning. Members will be pleased to know that all Royal Life Saving programs map back to the AWSS30.

We are well underway with the development of a local water safety plan in the Townsville region and have held two workshops with the community to progress down this pathway. This is a first water safety plan for Queensland and is part of the Australian Water Safety Plan, to develop local plans addressing local issues with local stakeholders. We look forward to working with other local governments to develop water safety plans in other regions.

On the Education and Training side, we are about to release some new training products to help support and upskill industry. We expect training and program delivery activity to be extremely busy from September through to March.

The National Drowning Report is expected to be released in September, and we do not expect the drowning figures to be an improvement this last year. As we have over the last few years, we will communicate with members and industry when these figures are to be released.

Regards,

**Paul Barry** | Executive Director



### KEY DATES

20 Sep -9 Oct 2022:	WLSC (World Life Saving Championships)
16 October 2022:	Restart a Heart Day
5 October 2022:	QPS over 50's Expo
13 November 2022:	Trainers Workshop
21 – 25 Nov 2022:	Ipswich City Council Migrant Learn to Swim Program
19 – 21 January 2023	Australian Pool Lifesaving Championships

# AIRLIE BEACH LIFEGUARD PROGRAM

The Junior Lifeguard School holiday program is an initiative started by Royal Life Saving Society Queensland (RLSSQ) along with Queensland Fire and Emergency Services. The overall aim of the program is to help establish a lifesaving club within the community of Airlie Beach.



The program was run over the July school holidays, running over the 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> of July 2022 from 9.30am-2.00pm each day.

Over the course of the three days, we held an array of activities including: beach board rescues, Tube rescues, learning beach flags, water rescues, safe entries, wading, dolphin dives, floating skills, how to use life jackets and more!

Overall, the July program was a huge success with 25 participants taking part each day!

We would like to thank Queensland Fire and Emergency Services and our sponsor Dominos for allowing Royal Life Saving Queensland to reach the community of Airlie Beach and teach the younger generation of lifesavers.

The next steps for the program are in active planning for the next school holidays, alongside organising more community involvement, and a focus on obtaining volunteers for our beach patrol, Junior Lifeguard Program and Life Saving Sport.

For more information on the program and/or how to get involved please click [here](#).



## VOLUNTEER OPPORTUNITIES

### Neptune Royal Life Saving Club

Neptune Royal Life Saving Club monitors the safety of swimmers in Tallebudgera Creek. Beach patrols generally consist of 2 x 4 hour patrols every 3-4 weeks, starting in October and ending in April.

Volunteering isn't limited by age, experience, fitness or skill levels. If you're interested in helping out, please phone 07 5535 7264.



### Ithaca-Caloundra City Life Saving Club

The Ithaca-Caloundra City Life-Saving Club monitors the waters of Bulcock Beach, Caloundra. They patrol on weekends on public holidays during the summer months, and require a commitment to volunteering 4 days per month.

Volunteers are provided with a uniform and all necessary training qualifications. If you're interested in finding out more, please email [enquiries@caloundracity.org.au](mailto:enquiries@caloundracity.org.au) or phone 0467 544 855.



### Airlie Beach Junior Lifeguard Club

Our Airlie Beach Lifeguard Club is looking for volunteers who can supervise and organise the Junior Lifeguard Program, or help out for a few hours a day or week. Volunteers receive discounted costs for First Aid and Bronze Medallion qualifications, and 5 program volunteer hours can be counted as Professional Development hours for Swim Teacher qualifications. Volunteering requires a minimum monthly commitment of one (1) day of Beach Patrol or 10 hours of program delivery.



*Beach Patrol duties include:* Setting up, inspecting the beach for safety issues, providing First Aid, engaging with and educating the community, packing away equipment



Required qualifications:

Patrol Members – Patrol Bronze Medallion, First Aid and CPR

IRB Crew – Beach Bronze Medallion, First Aid and CPR, IRB Award

IRB Driver - Beach Bronze Medallion, First Aid and CPR, IRB Award, and a Boat Licence

*The Junior Lifeguard Holiday Program involves:*

Setting up, enrolling kids and processing payments, engaging with the community and parents, teaching water safety and rescue skills, fostering teamwork, and supporting administrators and program officials.

*Club Administration duties include:*

Event organisation, programs and/or beach patrol set-up, enrolling kids and processing payments, managing memberships, writing newsletters, and organising volunteer rosters.

## JOB OPPORTUNITIES

### Lifeguard Positions: Redcliffe and Gumdale

A career as a pool lifeguard brings challenges and rewards, and can lead to further job opportunities in the aquatic industry.

It uses many core workplace skills such as communication, risk management, decision making, problem solving, teamwork, customer service and performing under pressure, all of which are transferable to other industry sectors. With the right qualifications, it is also a job that can take you all over Australia and the world!

**We are looking for casual lifeguards for Settlement Cove Lagoon, Redcliffe and The Plantation Aquatic Centre, Gumdale.**

If you think you would be perfect for this role, or know of someone who might be please express your interest using the link [here](#).



### Swim Teacher Positions: Burpengary and Gumdale

If you are looking for a career change or have always been passionate about teaching vital lifesaving skills, don't miss out on this amazing opportunity to become a Swim teacher at our Burpengary and Gumdale Aquatic Facilities.

Being a swim teacher gives you countless opportunities to make an impact on a child's life, easily making this of the most rewarding jobs around!

**We are looking for casual Swim Teacher's for Burpengary Aquatics, Burpengary and The Plantation Aquatic Centre, Gumdale.**

If you think you would be perfect for this role, or know of someone who might be please express your interest using the link [here](#).

### Support and Growth

Becoming a Pool Lifeguard or Swim Teacher with us also opens other doors to progress within the Aquatic Industry and learn new jobs and skills – encouraging professional development and career growth.

Additionally, if you require assistance in paying for the required qualification, Royal Lifesaving Queensland may be able to cover the costs of the training course and additional job requirements. To express your interest, please email us today at [admin@rlssq.com.au](mailto:admin@rlssq.com.au)

## PROJECTS UPDATE

Royal Life Saving is pleased to report updates on the following swimming and water safety projects with schools and other members of our community:

### Queensland Fire and Emergency Services Service Agreement Launch

On 29 June 2022, Ithaca-Caloundra City Life Saving Club played host to the Royal Life Saving Society Queensland and Queensland Fire and Emergency Services Service Agreement Launch.

Over the course of the morning, we were joined by a few students from STEPS Pathways College who helped demonstrate their newfound water safety skills gained from our Water STAARS pilot program held back in April this year.

The celebrated agreement will fund critical training activities including Bronze Medallion, Swim Teacher Courses and water safety programs, and will help more than 350 volunteers to save lives in Queensland over the next two years.

We would like to thank QFES Commissioner Mr Greg Leach, Acting Deputy Commissioner Stephen Smith and Mr Jason Hunt MP Member for Caloundra for joining us to celebrate such a successful partnership.

We are very grateful to the Queensland Fire and Emergency Services for their support of us, so we can continue delivering nationally recognised programs to Queenslanders.

To read more about the launch and the full media release click [here](#).



## PROJECTS UPDATE

### Splash'n' Rhyme Time

At the end of June we launched out Splash'n' Rhyme Time pilot program.

Splash'n' Rhyme time is a non-structured, water-based socialisation class for infants and toddlers attending with their parents/guardians or appropriate adult carers.

During the class, parents will be in the water supporting their child, with a qualified Swim Teacher present to provide advice and actively encourage a positive water sensory experience through music, rhyme and song activities 🎵

The class is a one (1) hour open session, and will be running once a week in our indoor pool.

For just \$10 per session, participants receive:

- ★ entry to the 1-hour session
- ★ access to music and lots of fun, sensory equipment to play with
- ★ a free babycino and mini cupcake
- ★ an opportunity to have a wonderful bonding experience

If you're looking for the perfect way to introduce a love of water to your little ones particularly over the winter months this is the class for you!

Join us every Thursday from 11:30am - 12:30pm at The Plantation Aquatic Centre. We hope to see you there!



## PROJECTS UPDATE

### Community CPR Awareness Courses



On 24 June our team went out to Peninsula Palms Retirement Village to deliver a community CPR and Awareness course.

During the course of the session, we discussed different projects and programs that RLSSQ provide and deliver, as well as discussing of the history of RLSSQ, the Queens involvement and the difference between Royal Life Saving and Surf Life Saving.

## EVENTS

### World Drowning Prevention Day 25 July 2022

On July 25, people across the world will mark the second World Drowning Prevention Day. This year WHO is encouraged individuals, groups, and governments to DO ONE THING TO PREVENT DROWNING.

Drowning is a leading cause of death globally for children and young people aged 1 – 24 years. Each year, drowning claims more than 236,000 lives.

This year, we invited business', Aquatic Facilities and Swim Schools, to help support us in wearing blue (with the choice of raising funds via a gold coin donation) and/or by taking part in our #RLSSQRescueChallenge – challenging individuals to tag us in their best land or water-based rescue (reach, throw, tow) video's.

We were also lucky enough to have the Redland City Council jump on board and have the iconic Cleveland Lighthouse lit up in blue.

Additionally, we have been successful in applying for Brisbane City to be lit up in blue (including the story bridge and Victoria Bridge) for WDPD 2023 on 25 July, with an EOI sent out to Gold Coast City and Townsville City Councils – Stay tuned!



## UPCOMING PROJECTS



### Airlie Beach Junior Lifeguard Program

Following the success of the Airlie Beach Junior Lifeguard Program run in the June/July school holidays, Royal Life Saving Queensland is looking at returning to Airlie to run a program during the September/October School holidays.

The program will give active children and teens aged 6 to 15-years-old vital CPR, first-aid and rescue skills.

Additionally, the special junior lifeguard program is designed for kids who can already swim 25 metres. However swimming instructors will be on hand to help those who need some coaching to make the grade.

*“This is an exciting opportunity for children and teenagers to use their holiday downtime to pick up skills that are literally life saving, as well as having fun in the pristine waters of Airlie Beach,”*

– Nikki Thornhill, Manager of Programs

### Over 50’s Expo by Centenary Volunteers in Policing

The Centenary Police Beat and their Volunteers in Policing are hosting their annual Over 50’s expo to celebrate Queensland Seniors Week on 21 August 2022, between 8.30am (for 9am start) and 2 pm at the Riverlife Baptist Church on Jennifer Street, Seventeen Mile Rocks.

The expo includes guest speakers, 60 displays from local community groups, Government and business as well as a free morning tea and lunch. The focus of the expo is on health, safety and promoting local groups who cater to seniors. Royal Life Saving Queensland will be in attendance to promote our programs that are tailored to older-Australians as well our additional programs and services.

### Ipswich Adults Learn to Swim



After the program’s huge success back in March 2022, the Ipswich Adults Learn to Swim in partnership with the Ipswich City Council will be returning to the Orion Lagoon, Springfield from the 21 – 25 Nov 2022 and 5 – 9 Dec 2022. The five-day swim program will teach the basics of water safety, with Participants learning how to safely enter and exit a pool, basic swimming strokes, along with floatation and rescue skills. For more information click [here](#).

### NAIDOC Community Day – North Stradbroke Island

Due to severe weather, the 2022 Naidoc Community day by Minjerribah Moorgumpin Elders in Council was postponed until 17 September 2022. Royal Life Saving Queensland will be in attendance on the day to provide First Aid, whilst also promoting our school programs and courses and establishing relationships with the local indigenous groups on the island.



## POOL LIFESAVING CHAMPIONSHIPS 2022

For the first time in two years, top lifesaving athletes competed for a place on the Australian Lifesaving Team at the Australian Pool Lifesaving Championships at Pymble Ladies College Aquatic and Fitness Centre, Sydney from 11 – 13 June 2022.

After an intensive three days of competition, The Interstate Overall Championship and the Sir Percy Joske Trophy was awarded to the New South Wales Team who have dominated the competition for the sixth time.

Female Lifesaver of the Meet - Jess Oates (Sunshine Coast Grammar Pool Lifesaving Club)

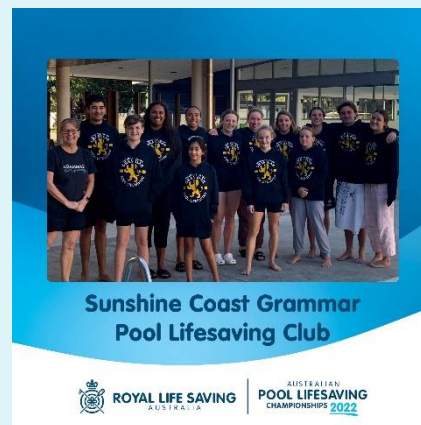
The competition saw the three top-placed women for the meet divided by only one point. Jess Oates, 19, from Dakabin in Queensland came away with the Female Lifesaver of the Meet which was based on her performance across all the open age events, with athleticism and technical accuracy both taken into account.

Male Lifesaver of the Meet - Jake Smith

Mr Smith, 24, from Hillarys in Western Australia put in a strong performance across all three days. Male Lifesaver of the Meet award was based on his performance across all the open age events, with athleticism and technical accuracy both taken into account.

Sunshine Coast Grammar Pool Lifesaving club represented Queensland for another year, breaking eight records!

Congratulations to all Sunshine Coast Grammar Pool Lifesaving Club Team members on their performance.



## TRAINING UPDATES

### Trainers Workshop

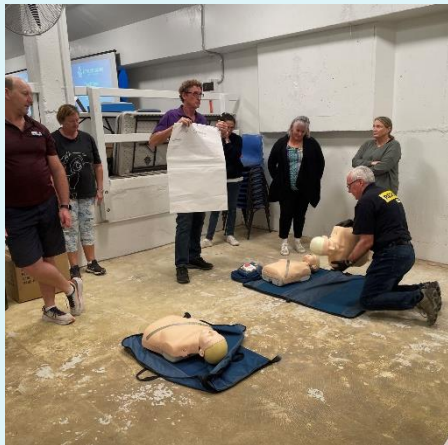
On 13 and 14 of August 2022, we were joined by Trainers from across Queensland for our second Trainers workshop of 2022.

During the workshop, trainers learnt an array of skills and had the opportunity to reinforce current knowledge and abilities.

Some of our activities included:

- First Aid based scenario learning
- A review of ANZCOR guideline changes and updates
- Oxygen therapy and Oxygen Resuscitation workshop
- Introduction of Kahoot knowledge check activities
- Compliance Review for being compliant
- Brainstorming workshop for First Aid training techniques, as well as a catch up for trainers who weren't there on the prior trainers workshop
- Pool Lifeguard/ Bronze Medallion update/ workshop

We would like to thank all of our Trainers for coming out, and we look forward to the next workshop.



## ONLINE PROFESSIONAL DEVELOPMENT MODULES

New Professional Development Modules have been rolled out, with a core focus on Child Safety. The modules are specifically targeted for the aquatic industry, one is aimed at frontline workers such as swim teachers, program instructors and pool lifeguards and the other, an extended module, is aimed at management level staff and roles such as Child Safety Officer.

The modules focus on equipping learners with knowledge and skills around legal requirements, appropriate and inappropriate conduct, identifying abuse, obligations and best practice around responding and reporting, and – in the management module – instilling a child safe culture at an organisational level, using the 10 Child Safe Standards as a guiding framework, and effectively managing risks to children’s safety at all levels.

You can find the Professional Development Modules [here](#).

A graphic featuring a child in a swimming pool and a circular diagram of the 10 Child Safe Standards. The child is wearing a blue swim cap and looking towards the camera. The diagram is a circular ring with 10 segments, each containing a number and a description of a standard. The text "Child Safe Standards" is in the center of the ring. Below the image is a blue banner with the text "New Child Safety Module Launched" and the Royal Life Saving Australia logo.

Standard Number	Standard Description
01	Leadership, governance and culture
02	Children's participation and empowerment
03	Families and community involvement
04	Equity and diverse needs
05	Human resource management
06	Child focused complaints process
07	Staff education and training
08	Physical and online environments
09	Review and continuous improvement
10	Child safe policies and procedures



ROYAL LIFE SAVING  
QUEENSLAND

## RECREATIONAL COURSE

### Junior First Aid: Recreational Course

Attention Queensland Families and Schools!

Have you heard of Royal Lifesaving Queensland's new 'Junior First Aid' Recreational Program?

The Royal Life Saving Junior First Aid Program is a program focusing on the Junior age group aiming to provide a range of personal First Aid and CPR awareness techniques, skills and knowledge.

The Program recognises that children aged 5 - 13 who participate in this program, will gain skills and knowledge that may make an impact in everyday locations and be able to render assistance in an emergency.

There are three main components of the Recreational program:

- First Aid
- CPR
- Practical Sessions

If you would love to learn more about this program please contact us today!



## Life Saving Shop The Bag II Resuscitator Infant & Child

As advised in our latest Trainers Workshop, all Trainers should be equipped with the correct resuscitation equipment appropriate for each age group. We now stock the Adult, Child (2x resuscitator types) and Infant Disposable Resuscitator's.

RESUSCITATION: 'THE BAG II' RESUSCITATION (BVM) INFANT	\$20.40
RESUSCITATION: 'THE BAG II' RESUSCITATION (BVM) CHILD	\$21.50

Visit the Life Saving Shop to order yours today!!

[www.lifesavingshop.com.au](http://www.lifesavingshop.com.au)

Please refer to our website for product description, features and for more information. Limited stock available.

## Water Safety Summit

On 4 and 5 August 2022 representatives of Royal Life Saving Queensland flew down to engage with industry at the 2022 National Water Safety Summit in Sydney.

More than 200 water safety experts from across Australia and New Zealand came together for the National Water Safety Summit 2022 which was an opportunity to refocus attention on drowning prevention and the joy of swimming. The Summit, which was led by Royal Life Saving Society - Australia and Surf Life Saving Australia, was designed around the key at-risk groups identified in the Australian Water Safety Strategy 2030.

Over two days of intense discussion, the key themes that emerged were prevention, collaboration, co-design, and the value of sharing stories. Across the conference, many smaller organisations had the opportunity to learn from each other and share their experiences.

During the Summit, the new Australian Water Safety Council website was unveiled with a new tool for community groups to upload their activities on an interactive map. The new design is in response to the bloom of locally based community groups who have responded to the need for tailored water safety solutions.

Read more about the Summit and the new Council website [here](#).



## Reconciliation Action Plan

During the 2022 NAIDOC week, RLSS shared its first Reconciliation Action Plan.

Since 2006, RAPs have provided a framework for organisations to leverage their structures and diverse spheres of influence to support the national reconciliation movement. The program's potential for impact is greater than ever, with close to 3 million people now working or studying in an organisation with a RAP.

The four RAP types — Reflect, Innovate, Stretch and Elevate — allow RAP partners to continuously develop and strengthen reconciliation commitments in new ways. This Reflect RAP will lay the foundations, priming the workplace for future RAPs and reconciliation initiatives

Through this RAP plan, we celebrate the resilience, survival, wisdom, deep connection to water and land that continues in Aboriginal and Torres Strait Islander cultures and communities. The rivers, lakes, pools billabongs and dams in Australia bring life to communities.

Our ambition is to continue partnerships that actively engage and encourage Aboriginal and Torres Strait Islander communities to access, design, participate in, and lead water safety programs for safety, fun and employment.

To learn more about the Reconciliation Action Plan click [here](#).




## WELCOME TO THE TEAM



**Denny Mosley**  
Facility Coordinator

✉ [denny@lifesavingtraining.com.au](mailto:denny@lifesavingtraining.com.au)  
☎ 0434 405 933



**Iram Nabi**  
Accounts Assistant

✉ [accounts@lifesavingtraining.com.au](mailto:accounts@lifesavingtraining.com.au)  
☎ 07 3823 2823

## WHO TO CONTACT IN THE OFFICE

We have a number of new staff and each staff member has specific duties. Whilst every staff member will do their best to help you, the following list will assist you determine the most appropriate person to speak to in the office:

Course set up	Amy	<a href="mailto:training@rlssq.com.au">training@rlssq.com.au</a>
Course Registration	Hayley	<a href="mailto:courses@rlssq.com.au">courses@rlssq.com.au</a>
Pack Dispatch	Hayley	<a href="mailto:courses@rlssq.com.au">courses@rlssq.com.au</a>
Memberships	Cathy	<a href="mailto:membership@lifesavingtraining.com.au">membership@lifesavingtraining.com.au</a>
Swim & Survive	Ben	<a href="mailto:swimandsurvive@rlssq.com.au">swimandsurvive@rlssq.com.au</a>
Projects	Mattii	<a href="mailto:projects@rlssq.com.au">projects@rlssq.com.au</a>
Accounts	Saad	<a href="mailto:accounts@rlssq.com.au">accounts@rlssq.com.au</a>
Shop / Sales	Grant	<a href="mailto:shop@rlssq.com.au">shop@rlssq.com.au</a>
Marketing	Holly	<a href="mailto:marketing@lifesavingtraining.com.au">marketing@lifesavingtraining.com.au</a>
Workbook design	Lauren	<a href="mailto:lauren@lifesavingtraining.com.au">lauren@lifesavingtraining.com.au</a>
Certificates	Maddie, & Cathy	<a href="mailto:qualifications@rlssq.com.au">qualifications@rlssq.com.au</a>

## USEFUL LINKS



Student Portal  
[admin.axcelerate.com.au/learnerPortal](http://admin.axcelerate.com.au/learnerPortal)



Life Saving Training  
[www.lifesavingtraining.com.au](http://www.lifesavingtraining.com.au)



Online Shop – The Life Saving Shop  
[www.lifesavingshop.com.au](http://www.lifesavingshop.com.au)



[Course Outlines](#)



[National Aquatic Industry Workforce Profile](#)



ROYAL LIFE SAVING  
QUEENSLAND



Swim  
and  
SURVIVE



## School Programs



## Proudly supported by



Queensland  
Government



Australian Government



## For Aquatic Facilities



Guidelines for Safe Pool Operation  
[www.guidelines.royallifesaving.com.au](http://www.guidelines.royallifesaving.com.au)

## FOR MORE INFORMATION

Royal Life Saving Society Queensland Inc  
ABN 60 478 008 791 RTO 5431  
☎ (07) 3823 2823  
✉ [admin@rlssq.com.au](mailto:admin@rlssq.com.au)

## CONNECT WITH US

📘 [facebook.com/RLSSQ](https://facebook.com/RLSSQ)  
📺 [youtube.com/RLSSQ](https://youtube.com/RLSSQ)  
🐦 [twitter.com/RoyalLifeSaving](https://twitter.com/RoyalLifeSaving)  
🌐 [rlssq.com.au](http://rlssq.com.au) [lifesavingtraining.com.au](http://lifesavingtraining.com.au)  
🌐 [www.swimteacher.com.au](http://www.swimteacher.com.au)

Enquire or Register for a Course